

#### ANNUAL REPORT FISCAL YEAR 2019 -2020



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**Donor List** 

In Harmony Therapeutic
Services Board of Directors

Kathryn Bates - President

Margaret Gudbranson - Vice President

Maria Fesz - Secretary

Marlee Gannon - Treasurer

If we can learn what it means to really love ourselves
Then we can learn to love our neighbors as we love ourselves
And we can live in harmony, see ourselves as a family
This is my prayer for humanity - India Arie

### Letter from the Executive Director

**Persistence** /pər'sistəns/ (n.) - firm or obstinate continuance in a course of action in spite of difficulty or opposition.

As I think about this past year, this is the word that comes to mind. In the summer of 2019 we celebrated a successful first fundraising event, hired 3 independent contractors, and on-boarded three new members to our Board of Directors. At the beginning of the school year, In Harmony was serving approximately 400 children in the Greater Cleveland, OH area in providing music therapy, therapeutic music, and music enrichment through partnerships with other agencies, schools, libraries, and individual clients. Additionally in the fall, I completed the third of four courses through the Lesley Institute for Trauma Sensitivity to become certified on trauma and learning. One of our contractors, Abbey Fistek also created a program called "Social Harmony" - an arts-based SEL program aimed to engage students in individualized music-based activities and interventions that break down the steps to learn, practice, and generalize the social skills needed for more successful group interactions in their classroom, in their school, and in their community. In the Winter of 2020, Ms. Fistek began this work at Citizens Academy East in partnership with World Peace Teachings. Thanks to our amazing supporters we saw a successful #GivingTuesday fundraising campaign in November. It appeared we had found our stride as an organization. The future seemed to be filled with growth and opportunity. Then, in the blink of an eye, the world turned upside down. On March 13th, schools, libraries, and agencies closed across Ohio. It became very clear that any in-person services needed to cease. ALL of our programming stopped.

The organization was faced with a choice: to throw our hands up and hope to survive the storm, or persist and spring into action to thrive through the storm. We chose the latter. Within one week of the closures, the organization had a plan to continue services virtually for all of our clients. This plan was presented and adopted by our larger partnership community and within 2 weeks of the closures we began seeing children virtually. From that point until the end of the school year, we facilitated approximately 120 group and individual sessions. As the school year wound down, it became clear that the need for continuity of services and continuation of activities that fostered creative community were needed and wanted. We put out a call to raise funds to support virtual music lessons throughout the summer and once again, our awe-inspiring supporters met the moment and raised \$1020.00. As a result, the organization is providing virtual music lessons to 5 families at a deeply discounted rate this summer. Additionally, the organization has made a firm commitment towards the practice of anti-racism. We are working collaboratively to determine short-term and long-term action items to ensure this practice becomes a foundation of what the organization is about and stands for.

As we look toward the future, it is very clear we must continue to persist. The road ahead is uncertain with ambiguity around if and how schools and other agencies will open in the fall. While we are mindful of things beyond our control, we as an organization remain committed to ensuring that this important work continues and grows. We will need help. We will continue to need the backing of our fierce supporters. We will need to be flexible. We will need to be adaptable. We will need to be conscious. We will need to be thoughtful. We will need to listen. We will need to act. Our priority always has been and will continue to be the children and adolescents in our community. We will persist.

Hair



Our first fundraising event Melody and Mead was a smashing success. Funds raised during this event went towards supporting the Calvin and Angeline Bousner Memorial Scholarship Fund which aims to provide music therapy services to agencies and individuals.

Executive Director, Alicia Hrubey and 3 independent contractors provided services to approximately 400 students in schools, libraries and other agencies from September - March. We are continually grateful to all of our community partnerships



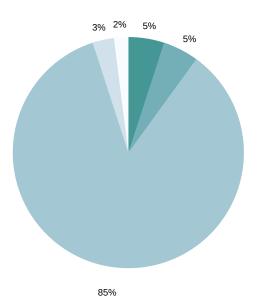


Thanks to the contributions of our generous supporters, the winner of the Bousner Memorial Scholarship received Music Therapy services for the 2019-2020 school year. The goals addressed during music therapy were related to communication, engagement, and emotional regulation - with improvement in all areas.

Virtual services commenced in March 2020 and will likely continue into the coming year as we work to ensure the health and safety of our clients, contractors, and staff.



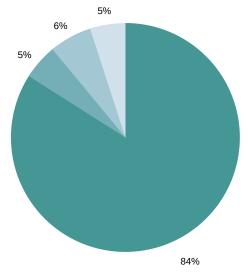
#### Revenue



- Individual Donors 5%
- Foundation & Corporate Support 5%
- Program Revenue 85%
- Special Events 3%
- Restricted Funds Released for Programs 2%

Total Revenue: \$59,414

# Expenses



- Personnel Expenses 84%
- Fundraising Expenses 5%
- Program Expenses 6%
- Administrative Expenses 5%

Total Expenses: \$49,569

## Note from the Treasurer:

In Harmony experienced a fivefold increase in revenue and expenses during the 2019-20 fiscal year. In addition, due to the generosity of our donors and the support of our school and community partners, In Harmony surpassed its budget goals this year for both contributions and program revenue.

#### **Donor List**

#### A very special thank you to all of our donors

#### INDIVIDUAL DONORS

Rebeka Acosta
Meghan & Josh Barnes
Erin Bastian
Kathryn Bates\*
Erin Bilbrey
Molly Blake
Renee Bokros
Jennifer Bolander
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William Swan

Amy & James Sylvia

Bob Timmons Ryan Upp Lori Wald Leslie Walker Leah Wyman Ashley Yassal Claire Young

\*Denotes current or former member of the Board of

Directors

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AmazonSmile Foundation
Toledo Solar
Great Lakes Brewing Co.
LPL Financial Foundation
Noonday Collection
The Oatey Company
World Peace Teachings, LLC

#### Staff

Execitive Director, Alicia Hrubey, M.M., MT-BC

#### More Information

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